

## **Contact us**

To make an enquiry regarding a referral, please email or phone to speak to a member of our team.

- austin.org.au/childandfamilycentre
- SCFCIntake@austin.org.au

(03) 9496 6889 (Monday to Erid

(Monday to Friday 9am - 4:30pm)

Booboop Narrkwarren Nagarra-jarra-noun does not accept crisis referrals



Learn more

A new way of caring for children's mental health

Austin



Austin Health Booboop Narrkwarren Nagarra-jarra –noun

'The Family Healing Centre'



### Who we are

- We are an early intervention service providing mental health recovery and support for children aged 0 – 12 years and their families who have experienced an adverse life event to heal from trauma.
- We support children and their families to connect or reconnect with one another and with their communities by building meaningful, trusting therapeutic relationships.
- We offer a whole of family approach where families can come and stay and receive specialised care for their mental health needs.



#### What we do

- We meet with you to gain an understanding of your current situation and the problems you may be facing.
- Based on the individual needs of your child and family, we will collaborate and support you to develop a tailored therapeutic response.
- Our multi-disciplinary team of mental health clinicians are highly skilled at providing a complete circle of care around you and your family.

"This new centre is going to do a lot for young kids and their families who have experienced an adverse life event and need to tackle it together."

> - Sue Wells, Divisional Manager Infant Child and Youth Mental Health, Austin Health

# How we do it

Us coming to you...

to talk about the issues you are facing and how we can work together. We can work alongside your current supports and professional services.

#### You coming to us...

for a short stay in our purpose-built child and family centre. Your child and family can stay in one of three fully equipped private units. This provides the opportunity for 24-hour therapeutic support and nurtured care to help you reach your goals.

# We continue to support you...

after your stay with us. This includes working with your existing support services and engagement in the wider community.